

## **Support services in Grampian for people experiencing domestic abuse**

*Source - Appendix 5 NHS Grampian Policy on Gender Based Violence, as part of Public Protection Version 3, September 2019*

- **National Domestic Abuse and Enforced Marriage Helpline** Tel: 0800 027 1234 (24hrs)

The Helpline workers will provide support over the phone as well as information. They are also aware of Domestic Abuse services across Scotland and can inform callers where they can obtain assistance in their own area.

The Helpline is staffed by specially trained workers and volunteers, managed by Scottish Women's Aid.

Your call will always be answered by a worker who understands the dynamics of domestic abuse and forced marriage. They work in partnership with the Men's Advice Line. They welcome calls from everyone. Anyone can call the Helpline. They will help you regardless of age, disability, sexual orientation, gender, nationality or background. If English is not your first language, they can speak to you through a confidential translation service.

- **Grampian Women's Aid** Tel: 01224 593381

Grampian's Women's Aid offer free, confidential and non-judgemental service to women, who have experienced domestic abuse. The abuse may be from a partner or ex partner. They provide women, children and young people who have experienced domestic abuse with support and information. Support can be offered through their refuge accommodation, outreach and children and young person's service. Geographical area covered: Aberdeen City and Aberdeenshire

Grampian Women's Aid

25 Greenfern Road

Mastrick

Aberdeen

Ab16 6TS

By telephone

Monday-Friday

01224 593381

You can leave a message on the phone at any time. They will only contact you, the person experiencing abuse, if you agree and the telephone number is always withheld.

[info@grampian-womens-aid.com](mailto:info@grampian-womens-aid.com)

- **Moray Women's Aid** Tel: 01343 548549

Moray Women's Aid is the largest provider of support to women and children experiencing domestic abuse/violence throughout rural Moray. Services include safe accommodation at Marlon House, community support, professional counselling and drop in centres. <http://www.gov.scot/Publications/2017/11/5647/4> 19 Policy on Gender Based Violence as part of Public Protection. Version 3

- **Police Scotland** Tel: 0845 600 5 700

To report a domestic abuse incident, contact 0845 600 5 700 and they will record details of what has happened. Police Scotland Domestic Abuse Coordinators are available during daytime hours to discuss any issue with a victim.

Direct numbers –

Aberdeen City: 01224 306187/306189,

Aberdeenshire: 01224 304207

Moray: 01224 307105

Emergency: Dial (9)999

Non emergency: (9)101

- **Adult Support and Protection Services**

Aberdeen City Council: 01224 522055 Email: [duty@aberdeencity.gov.uk](mailto:duty@aberdeencity.gov.uk)

Out of Hours: 0800 731 5520 Email: [OOHS@aberdeencity.gov.uk](mailto:OOHS@aberdeencity.gov.uk)

Aberdeenshire Council: 01651 871246

Out of Hours: 0845 84 000 70

Email: [adultprotectionnetwork@aberdeenshire.gsx.gov.uk](mailto:adultprotectionnetwork@aberdeenshire.gsx.gov.uk)

Moray Council: 01343 562108

Out of Hours: 0300 123 0897

Email: [adultprotection@moray.gov.uk](mailto:adultprotection@moray.gov.uk)

- **Domestic Abuse Support and Accommodation Project (DASAP)**

Aberdeen Cyrenians 01224 625732 E: [info@aberdeen-cyrenians.org](mailto:info@aberdeen-cyrenians.org)

- **Gender Based Abuse Outreach Workers (Aberdeenshire)**

The service offers one to one support, support group opportunities, direct work with children and young people as well as offering safety advice and equipment as necessary. The team works in joint partnership with Grampian Police, Health Services and Grampian Women's Aid.

The service is offered to women & children in refuge, in homeless accommodation, and in the community.

North Aberdeenshire 01467 533340

South Aberdeenshire 01467 533426

- **Victim Support Scotland**

Provides confidential support, advice and information to any person experiencing abuse.

Aberdeen and Aberdeenshire 01224 622 478 /Moray 01343 544 607

[Victimsupport.aberdeen@victimsupportsco.org.uk](mailto:Victimsupport.aberdeen@victimsupportsco.org.uk)

[Victimsupport.aberdeenshire@victimsupportsco.org.uk](mailto:Victimsupport.aberdeenshire@victimsupportsco.org.uk)

[Victimsupport.moray@victimsupportsco.org.uk](mailto:Victimsupport.moray@victimsupportsco.org.uk)

- **Rape and Abuse Support**

Rape and abuse support, Aberdeen Tel: 01224 591342

Rape Crisis Grampian 01224 591342

Rape Crisis Scotland Freephone 08088 010302

- **Amina Muslim Women's Helpline** Tel 0808 801 0301

Provides confidential faith and culturally sensitive direct help. Email-  
info@mwrc.org.uk 20 Policy on Gender Based Violence as part of Public Protection.  
Version 3

- **Shakti Women's Aid (Scotland)** Tel: 0131 475 2399 Mon-Fri 10-5pm  
Provides refuge accommodation, advice and support for women and young girls from black and minority ethnic groups who are affected by domestic abuse and forced marriage.  
Website: [www.scottishwomensaid.co.uk/shakti](http://www.scottishwomensaid.co.uk/shakti)
- **Forced Marriage Unit** Tel: 020 700 80151.  
Provides practical support, information and advice to anyone who has been through or is at risk of a forced marriage.
- **National LGBT Domestic Abuse helpline** Tel: 0300 999 5428 helpline  
Support for lesbian, gay, bisexual and transgender (LGBT) people experiencing domestic abuse.
- **Men's Advice Line:** Tel: 0808 801 0327  
Provides confidential advice and emotional support to men who are victims of domestic abuse.
- **AMIS (Abused Men in Scotland)** Phone: 0808 800 0024  
Supports men who are experiencing, or have experienced, domestic abuse. The confidential helpline is free to call from landlines and most UK mobiles, and doesn't appear on itemised phone bills
- **Childline** Tel: 08001111  
Provides support for children and young people experiencing problems.
- **Pet Fostering Service Scotland** Tel: 0844 811 9909  
Provides pet fostering for women and children fleeing domestic abuse
- **Dogs Trust Freedom Project**, <http://www.moretodogstrust.org.uk/about-freedom/about-freedom>  
A free dog fostering service for people fleeing domestic abuse and is confidential. Covers cost of veterinary treatment, food and equipment needed, dog collection from a safe location close to the client, and fostering placements for up to 6 months and hope that we can reunite pets with their owners.
- **Domestic abuse: support for males and females (Scottish Government portal)** <https://www.mygov.scot/domestic-abuse/support-for-female-victims/>

Those, currently or in the past, experiencing domestic abuse can get confidential support from a range of organisations. This includes emotional support and advice on issues including:  housing  legal advice  safety  support for your children.